

Exam. Code : 107701

Subject Code : 2404

BFST (Hons.) Ist Semester

FUNDAMENTALS OF FOOD NUTRITION

Paper—FST-104

Time Allowed—3 Hours]

[Maximum Marks—50

Note :— Answer any FIVE questions. All questions carry equal marks.

1. What are the points to be considered while planning diet for patients suffering from jaundice, tuberculosis and nephritis ? 10
2. Write a short note on disorders of metabolism. 10
3. What is the difference between :
 - (a) Jaundice and anemia
 - (b) Type I and Type II diabetes
 - (c) Diarrhea and Dysentery
 - (d) Ulcer and Nephritis
 - (e) Atherosclerosis and tuberculosis. 10
4. Discuss the RDA and requirements of athletes and expectant mothers. 10

5. Write a note on food exchange list. 10
6. Discuss the various deficiency diseases related to protein and carbohydrate malnutrition. 10
7. Discuss the various functions of food. What are the different food groups ? 10
8. Discuss the definition, scope and history of nutrition. 10